



# Chinmaya Mission San Jose

Sandeepany San Jose

Non-Profit  
Organization  
U.S. Postage  
PAID  
Piercy, CA

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San Jose, CA 95126

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[www.Chinmaya.org](http://www.Chinmaya.org)

## DIRECTIONS TO SANDEEPANY SAN JOSE

### IF TRAVELLING SOUTH ON 101

Follow US-101 S to E Capitol Expy in San Jose.  
Take the Capitol Expressway exit from I-680 N.  
Follow E Capitol Expy and Story Rd to 10160 Clayton Rd

### IF TRAVELLING SOUTH ON 280

Follow South 280 to E Capitol Expressway in San Jose.  
Take the exit for Capitol Expressway from I-680 N.  
Follow E Capitol Expy and Story Rd to 10160 Clayton Rd

### IF TRAVELLING SOUTH ON 880

Take US-101 S to E Capitol Expy in San Jose.  
Take exit for Capitol Expressway from I-680 N.  
Follow E Capitol Expy and Story Rd to 10160 Clayton Rd.

### IF TRAVELLING SOUTH ON 280

Take the 280 exit to San Jose. Get off at the Meridian North Exit.  
Go to Park Ave. and make a right turn to 10160 Clayton Rd.

### IF TRAVELLING SOUTH ON 680

Take the exit for Capitol Expressway from I-680 N.  
Follow E Capitol Expy and Story Rd to 10160 Clayton Rd



# Chinmaya-Tej

February/March 2014

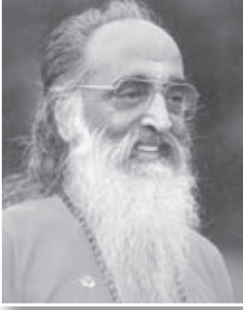
Vol. 25, No.1



CHINMAYA MISSION SAN JOSE PUBLICATION

## MISSION STATEMENT

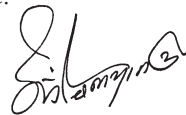
To provide to individuals, from any background, the wisdom of Vedanta and practical means for spiritual growth and happiness, enabling them to become a positive contributor to the society.



## Chinmaya Lahari

In Indian tradition, a lot of importance is given to the expression of respect and reverence at the Feet of the Lord, and again at the feet of those we love and respect; 'touching the feet' of the elders is very common. The teacher stands rooted in the Truth. Since the student cannot directly reach this subtle and transcendental Reality, the best he can do is worship the Truth upon a symbol nearest to it, the Teacher's Feet, upon which he stands, just as he stands rooted in the Truth. Sri Rama's Feet are the object of contemplation for every devoted seeker in his seat of meditation.

Time is the medium in which the world of plurality comes to play. The equipments of experience, the body-mind-intellect; our fields of experience, objects-emotions-thoughts; and even the very experiencer, the perceiver-feeler-thinker — all exist and function in time. Time is ever changing and therefore everything in time must also constantly change. Caught up as we are in the present state of consciousness, we can exist and function only in the realm of time in the world of change. Nothing is permanent; every experience is ephemeral. Thus, as individual selves, we are tossed about mercilessly in this endless tide of time. To establish ourselves in contemplation upon the Lord's Feet is to enter into a harbour safely away from the tyranny of time.



“Whatever you do, Oh, Lord,  
who am I to quarrel with Thee?  
Does a picture ever quarrel  
with its painter?.”

~ Swami Chinmayananda

## Join the Chinmaya Family as **SPONSORS**...

We invite you to join our Sponsorship program so that you can help us to promote, sustain and continue to teach adults and children, alike, the Hindu Dharma which is our Heritage. Chinmaya Mission began its service to the Hindu Community some 20 years ago in the Bay Area. We are funded by public contributions. Your contribution, as a Sponsor, goes towards the operation of Sandeepany. Many families who are taking part in the various classes that we offer to adults and children, have enrolled themselves as Sponsors. They enjoy many benefits and become an integral part of the spiritual family at Sandeepany. Sponsorship is an annual contribution of \$500 per family. The donation is tax deductible and can also be paid bi-annually, quarterly or monthly.

### **What Do Our Sponsors Receive?**

- They enjoy all the classes offered at Sandeepany Schools for adults and children.
- They will receive the journal, **MANANAM** and the bi-monthly Newsletters: **Chinmaya Tej** and **CMW Newsletter**.
- Sponsors are invited to attend Weekend Retreats held periodically at Sandeepany.

## **UNITED WAY CONTRIBUTIONS**

Your contributions to United Way can now be designated to Chinmaya Mission San Jose (United Way I.D. No 212100). The Mission is enrolled to receive such contributions with United Way Agency in Santa Clara.

*Chinmaya Family would like to thank you for your support.*