



Chinmaya Mission San Jose

Sandeepany San Jose

Non-Profit
Organization
U.S. Postage
PAID
Piercy, CA

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San Jose, CA 95126

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www.Chinmaya.org

DIRECTIONS TO SANDEEPANY SAN JOSE

IF TRAVELLING SOUTH ON 101

Follow US-101 S to E Capitol Expy in San Jose.
Take the Capitol Expressway exit from I-680 N.
Follow E Capitol Expy and Story Rd to 10160 Clayton Rd

IF TRAVELLING SOUTH ON 280

Follow South 280 to E Capitol Expressway in San Jose.
Take the exit for Capitol Expressway from I-680 N.
Follow E Capitol Expy and Story Rd to 10160 Clayton Rd

IF TRAVELLING SOUTH ON 880

Take US-101 S to E Capitol Expy in San Jose.
Take exit for Capitol Expressway from I-680 N.
Follow E Capitol Expy and Story Rd to 10160 Clayton Rd.

IF TRAVELLING SOUTH ON 280

Take the 280 exit to San Jose. Get off at the Meridian North Exit.
Go to Park Ave. and make a right turn to 10160 Clayton Rd.

IF TRAVELLING SOUTH ON 680

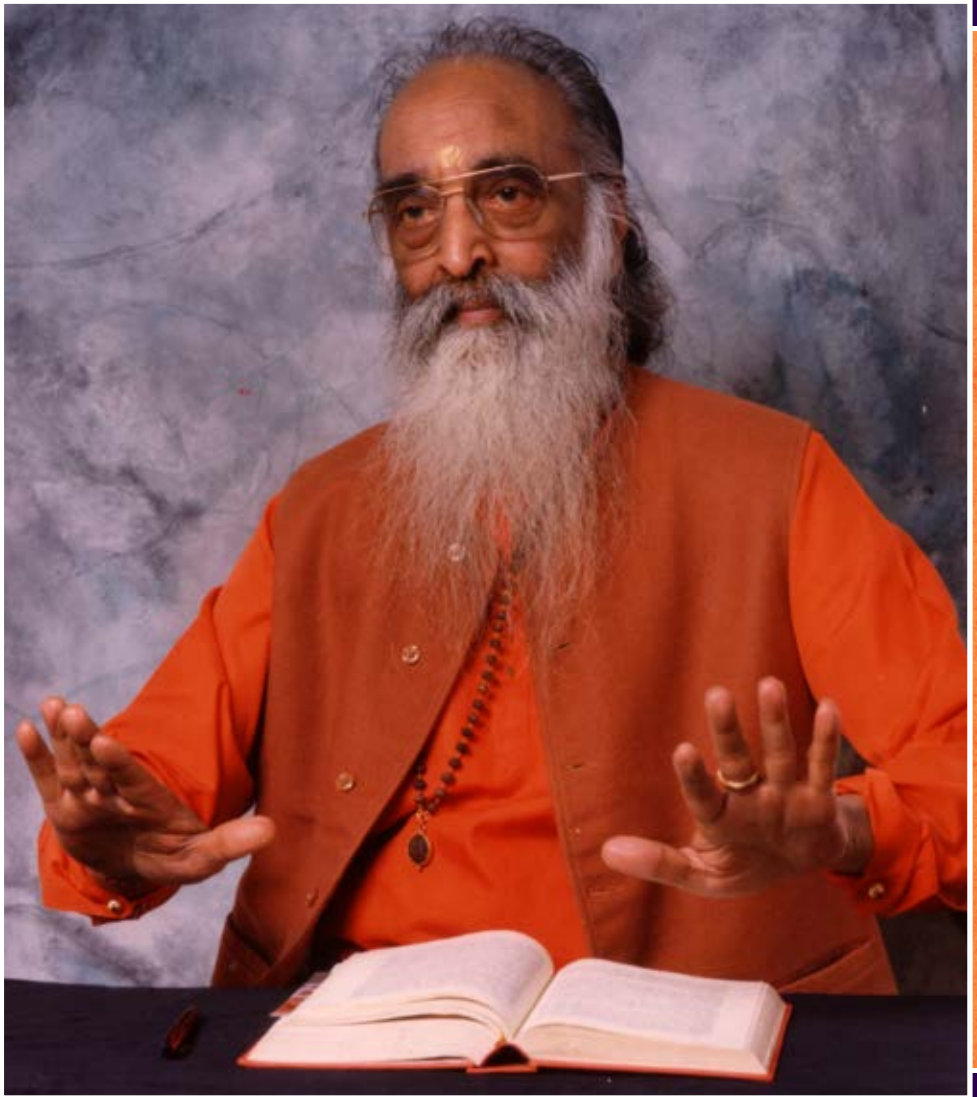
Take the exit for Capitol Expressway from I-680 N.
Follow E Capitol Expy and Story Rd to 10160 Clayton Rd



Chinmaya-Tej

May/June 2014

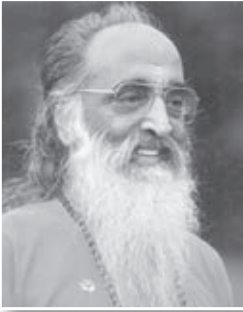
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CHINMAYA MISSION SAN JOSE PUBLICATION

MISSION STATEMENT

To provide to individuals, from any background, the wisdom of Vedanta and practical means for spiritual growth and happiness, enabling them to become a positive contributor to the society.



Chinmaya Lahari

Who is a Hindu?

Whoever strives to live the higher values of life. What should he do? Learn to live in concurrence with the eternal. Don't live in a little shell of your own personal ego, communal ego, even national ego. Learn to identify with the community. After that, learn to identify with the nation: "The nation's honor is my honor The nation's success is my success."

Slowly, slowly, step by step, try to liquidate the ego and identify with the total and be responsible for every sorrow in the world, every joy in the world. Try to live nobly, wiping tears wherever you see them and replacing them with a smile, however temporary it may be. Don't expect to cure everyone of all their sorrows. That is impossible. Keep an ideal and live up to it. Do not harm anyone deliberately in order to get some personal benefit out of it. Try to do as much as possible in the spirit of service; that is the way of life for a seeker. Try to live as best as you can.

Chinmaya Lahari

“If you make a fist of your palm,
your hand starves.
You cannot with a fist receive,
nor give, nor hold on.”

~ Swami Chinmayananda

Join the Chinmaya Family as **SPONSORS**...

We invite you to join our Sponsorship program so that you can help us to promote, sustain and continue to teach adults and children, alike, the Hindu Dharma which is our Heritage. Chinmaya Mission began its service to the Hindu Community some 20 years ago in the Bay Area. We are funded by public contributions. Your contribution, as a Sponsor, goes towards the operation of Sandeepany. Many families who are taking part in the various classes that we offer to adults and children, have enrolled themselves as Sponsors. They enjoy many benefits and become an integral part of the spiritual family at Sandeepany. Sponsorship is an annual contribution of \$500 per family. The donation is tax deductible and can also be paid bi-annually, quarterly or monthly.

What Do Our Sponsors Receive?

- They enjoy all the classes offered at Sandeepany Schools for adults and children.
- They will receive the journal, **MANANAM** and the bi-monthly Newsletters: **Chinmaya Tej** and **CMW Newsletter**.
- Sponsors are invited to attend Weekend Retreats held periodically at Sandeepany.

UNITED WAY CONTRIBUTIONS

Your contributions to United Way can now be designated to Chinmaya Mission San Jose (United Way I.D. No 212100). The Mission is enrolled to receive such contributions with United Way Agency in Santa Clara.

Chinmaya Family would like to thank you for your support.