

Questions on Drg Drshya Viveka

1. What is the "discrimination" discussed in this text? Why is this discrimination necessary or what would it accomplish?
2. What are the 3 Seers and what is the relationship between them? How do they differ from each other?
3. Can the Self ("Atma") become the "seen"? Why? What does that mean to you in your saadhana.
4. Discuss the effect of the confusion between the Seer and the seen? How can we eliminate this confusion?
5. Explain the nature of the Self(Real-I) which Existence-Consciousness.
6. If the Seer (Consciousness) is all pervading and eternal, why do we experience a world of inert objects and living beings as distinct?
7. Explain the example of heated iron ball. How body is enlivened in our case?
8. What are the 3 entities that the I-thought (ahamkara) identifies itself with? What causes each of these identifications to occur?
9. When or how do these identifications of I-thought end through Self Knowledge? (explain shravanam, Mananam and Nididhyasanam).
10. Describe the 3 states of experience that each human being goes through? Who is the 'Seer' of these 3 states? How can I be aware of Seer during the 3 states?
11. If the Seer is sentient and of the nature of Existence-Consciousness, and the seen is inert and non-existent, what then, is this world of objects that we experience? Why?
12. Explain the nature of Maya and its two powers.
13. Define Jiva or transmigratory soul. What is meant by Jiva attaining Realization?
14. Discuss internal meditations based on form (Drshya)
15. Discuss internal meditations based on words (Sabda)
16. Discuss external meditations based on form and words (Drshya and Sabda)
17. Discuss Nirvikalpa Samadhi.
18. What is attained by liberation or what is the result of Self Knowledge.