

Frequently Asked Questions

I am a parent of someone who wants to attend the retreat.

1. What will my child learn during this retreat?

Your child will learn, through excerpts of the *Chanakya Neeti*, self empowerment, physical and mental strength, and spirituality. He or she will also become part of a community of youth around the world known as Chinmaya Mission Yuva Kendra, or CHYK, and learn more about Hinduism and Chinmaya Mission through this community.

2. What should he/she bring to the retreat?

After registration ends on January 31st, you or your child will receive an email containing more details such as what to bring to the retreat, the schedule of the retreat, etc.

3. Is lodging/food provided?

Both will be provided.

4. What if I cannot reach my child during the retreat?

You will receive the contact information of the main coordinators in case of emergency. However, during the retreat, we encourage CHYKs not to use cellphones and electronics so as to more fully focus on their retreat experiences.

5. If I live in the Bay Area, can my child just come home at night?

No. Part of the retreat experience is to stay with the CHYKs during the day and during the night at the hotel.

6. What is the adult supervision at the retreat?

Adult volunteers from the Chinmaya Mission San Jose center, Acharya Vivekji, and the retreat coordinators will all be ensuring that your child is safe.

7. What if I have a question that is not on this list?

Please contact one of the coordinators (Contact Nandini at Nandi825@gmail.com or Ranjani at Ranjani.Akula@gmail.com.)

8. How do I register?

Step 1. Please create a profile by going to <https://www.cmsj.org/profile/>

Step 2. After you do this, go to <https://www.cmsj.org/cmsj-event-registration/?eventID=3517>
- and register for the event.

PLEASE COMPLETE BOTH STEPS TO REGISTER.

9. How much does it cost to attend the retreat?

From January 1st to January 15th, the retreat cost is \$181. This includes food, lodging, and activities. This is early bird pricing. From the 15th to the 31st, the cost is \$221. Retreat registration closes on January 31st.