

Frequently Asked Questions

I am someone who wants to attend the retreat.

1. Why should I attend the retreat?

You should attend the retreat if you are interested in spirituality or learning more about spirituality. You should attend the retreat if you have ever felt disempowered or felt as if you didn't have enough strength to accomplish something, or wanted to learn more about Hinduism.

2. How much prior involvement should I have had with Chinmaya Mission before attending the retreat?

There is no minimum involvement with Chinmaya Mission necessary to attend the retreat.

3. Where can I find more information about Acharya Vivekji?

You can find more information about Acharya Vivekji [here](#).

4. Is lodging and food provided?

Yes.

5. What if I have specific food allergies?

When you register, you will have a chance to list your allergies.

6. What if there are activities during the retreat that I cannot do?

Please tell one of the coordinators, and we will accommodate you.

7. What if I have a question that is not on this list?

Please contact one of the coordinators (Contact Nandini at Nandi825@gmail.com or Ranjani at Ranjani.Akula@gmail.com.)

8. If I live in the Bay Area, can I just sleep at my own place at night?

No. Part of the retreat experience is being integrated into all activities at all times. The only exception is for CHYKs who are young parents, who may need to go back and take care of their children at night. Please email the coordinators (see emails above) if this is the case with you.

9. How do I register?

Step 1. Please create a profile by going to <https://www.cmsj.org/profile/>

Step 2. After you do this, go to <https://www.cmsj.org/cmsj-event-registration/?eventID=3517>
- and register for the retreat.

PLEASE COMPLETE BOTH STEPS TO REGISTER.

1. How much does it cost to attend the retreat?

From January 1st to January 15th, the retreat cost is \$181. This includes food, lodging, and activities. This is early bird pricing. From the 15th to the 31st, the cost is \$221. Retreat registration closes on January 31st.